

## Position Description

Position Title	Therapy Clinician – Mental Health
Position Number	
Division	Clinical Operations
Department	Bendigo Adult Community Mental Health Team
Enterprise Agreement	Victorian Public Mental Health Services Enterprise Agreement 2021-2024
Classification Description	Registered Nurse Grade 3, Social Worker Grade 2, Occupational Therapist Grade 2, Psychologist Grade 2
Classification Code	NP81 – NP82, YC42 – YC45, YB20 – YB23, PK 1- 4
Reports to	Manager
Management Level	Non Management
Staff Capability Statement	Please click here for a link to <a href="#">staff capabilities statement</a>
Mandatory Requirements	<ul style="list-style-type: none"> <li>• National Police Record Check</li> <li>• Registration with Professional Regulatory Body or relevant Professional Association</li> <li>• Drivers Licence</li> <li>• Immunisation Requirements</li> </ul>

## Bendigo Health

Bendigo Health is a leading regional health service, learn more about us by visiting our website: [Bendigo Health Website - About Bendigo Health](#)

Our organisation is a child safe organisation, committed to the safety and wellbeing of all children and young people. All Aboriginal and Torres Strait Islander adults, children and families will be supported to express and be proud of their culture in an environment that is culturally safe and supported.

## Our Vision

Excellent Care. Every Person. Every Time.

## Our Values

CARING – We care for our community,

PASSIONATE – We are passionate about doing our best,

TRUSTWORTHY - We are open, honest and respectful

## The Position

This position within the Therapy team has been developed to focus on providing evidence-based psychotherapies for patients (16yrs +) experiencing Eating Disorders within Bendigo Community Mental Health. As a member of the Therapy Team, you will also provide evidenced based psychotherapies to clients experiencing other diagnosis from the Bendigo Adult Community Mental Health Team. This will be typically clients who have psychiatric diagnoses from a wide range of DSM 5 diagnostic categories. You would work closely with the other Mental Health disciplines such as psychiatrists, psychologists, psychiatric registrars, nurses, OT's, social workers and peer workers, abiding by recovery-based principles and patient centred care.

## Responsibilities and Accountabilities

The Therapy Team provide comprehensive assessments (including psychometric testing as appropriate) for diagnostic clarification, a range of brief psychological focused treatment interventions and advice regarding referral options. Our therapeutic interventions are offered in the most appropriate and least restrictive setting, that is sensitive to gender and culture, informed by an understanding of responses to trauma, and responsive to the contexts of patients' lives and communities. Our multidisciplinary workforce is constantly evolving, and our recovery models are now integrating a lived experience workforce to enhance our patient care.

## Key Responsibilities

The new incumbent will develop, demonstrate and apply clinical competence through:

- Knowledge of the epidemiology, aetiology, assessment, diagnosis and management of individuals with mental illness using DSM 5 TR criteria
- Provide tailored and specific evidence-based psychotherapies for patients (16yrs+) experiencing eating disorders (e.g. - CBT-e, SSCM, DBT)
- Be familiar with the current evidence- based psychotherapies for high and low prevalent psychiatric disorders, especially for depression and anxiety.
- In conjunction with senior staff and the Eating Disorder Coordinator, assist and undertake activities that support targeted eating disorder care and capacity building within the service as appropriate for the role
- Willingness to participate in regular clinical supervision and to participate in continued professional development as per APHRA and professional association guidelines
- The applicant actively engages in formal training, regular supervision, reflective practice opportunities, on-the-job learning and development activities
- Ensuring accurate documentation of patient/resident records and statistics are maintained
- Assessing the need for and providing clinical treatment and health education for patients and their families/carers within the scope of practice
- Contributing to relevant clinical team client reviews and attending team/department meetings as required
- Undertake such other duties as may be determined by the unit manager

## Key Selection Criteria

### Essential

1. Qualifications as either:
  - Psychologist Grade 2: A minimum of a master's degree in Clinical Psychology and registration with AHPRA and the Psychology Board of Australia as a psychologist. Eligible for professional association membership (APS/ACPA)
  - Registered Nurse Grade 3: Registered as a nurse with the Australian Health Practitioner Regulation Agency (AHPRA) in Division 1 with approved post graduate qualifications in Mental Health
  - Social Worker Grade 2: Degree in Social Work and/or Accredited Mental Health Social Worker by the AASW national accreditation status and ability to satisfy the requirements of the Bendigo Health Allied Health Credentialing and Professional Standards
  - Occupational Therapist Grade 2: Registered as an OT with the Australian Health Practitioner Regulation Agency (AHPRA) with approved post graduate qualifications in Mental Health
2. Demonstrated application of a range of evidence based psychological therapies with knowledge of the theory and some ability to apply psychometric assessment instruments, including DSM 5 diagnostics (psychometrics & DSM 5 applies to psychologist applicants only)
3. Knowledge and understanding of the key principles of the Mental Health and Wellbeing Act of Victoria 2022 and relevant state-wide Psychiatric Service Frameworks, procedures and guidelines
4. Understanding of recovery orientated principles and awareness of the current issues, trends and research in mental health
5. Proven ability to liaise and consult with relevant family members or carers, team members and a broad range of health professionals and community agencies
6. Willing to undertake regular supervision and continued Professional Development requirements
7. Ability and willingness to learn and operate in an environment of change with a personal approach which demonstrates values such as caring, passionate and trustworthy
8. Well-developed written, verbal and electronic communication, computer literacy and interpersonal skills with the ability to develop effective working relationships

### Desirable

9. Experience in providing evidence-based psychotherapies for the treatment of eating disorders

## Generic Responsibilities

All Bendigo Health staff are required to:

- Adhere to the **Victorian Government's Code of Conduct**
- Uphold **Occupational Health and Safety** responsibilities, including self-care, safeguarding others, and participating in safety initiatives and reporting.
- Comply with all **Bendigo Health policies and procedures**, including those related to clinical, managerial, and standard work practices.

- Follow **Infection Control** procedures to prevent cross-contamination and ensure the health and safety of all.
- Maintain **strict confidentiality** regarding all organisational, patient, and staff information.
- Engage in **continuous quality improvement** activities aligned with the National Safety and Quality Health Service Standards (NSQHSS).
- Recognise and respect **diversity**, fostering inclusive practices in the workplace and service delivery.
- Staff must carry out all lawful and reasonable directions and comply with relevant professional standards and ethical codes.
- Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Bendigo Health.
- Maintain ability to perform the inherent requirements of this role. Inherent requirements are the essential tasks necessary to perform this role, including reasonable adjustments. Bendigo Health is committed to a safe workplace that supports all employees. The role may require specific physical and cognitive abilities, which can be discussed with the manager during recruitment or at any time. We understand that personal circumstances can change and impact your ability to meet these requirements; additional policies are available to guide you through this process. Please request the relevant procedures for more information.

*All Bendigo Health sites, workplaces and vehicles are smoke free.*

*This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Any elements of this document may be changed at Bendigo Health's discretion and activities may be added, removed or amended at any time.*